

Playgroup in the Garden

Play, invent, create and explore

Come along for an hour of messy fun, exploring, creating, and adventure with all things natural.

Playgroup in the Garden is different to other playgroups, it is unstructured, interactive nature play guided by parents and their children.



“It’s a cubby for all the bugs to use when we all go home...”

The garden is a place for you to taste, smell and explore together. Remember to dress kids for getting a little grubby (rubber boots are great!)

Mondays 10.30-11.30 during school term

Aldinga Community Garden

Stewart Ave Aldinga Beach

No bookings required

Aldinga Community Centre 85565940 or visit <http://www.aldingacc.org/>



Healthy Hearts, Healthy Homes

Would you like to get more out of your relationships? Whether you're single or a couple, join us as we share practical everyday tips and tools to improve your relationships from professional counsellors.

- Gold coin donation
- Supper provided

DATE Monday Oct 29th

WHEN 6:30pm to 9:00pm

WHERE AnglicareSA
Outer Southern Hub
111 Beach Road
Christies Beach

RSVP Please contact Joy or Helen on 8186 8900 to book. Bookings can be made through Event Brite.
www.eventbrite.com.au/e/healthy-hearts-healthy-homes-relationship-education-tickets-48117593016

Please note a crèche is not available.



Be *kind* and *un*wind.

Personal Wellbeing

Wednesday 5th Sept 2018

9:30am to 2:30pm

AnglicareSA Outer Southern Hub

111 Beach Rd

Christies Beach 5165

Lunch Provided

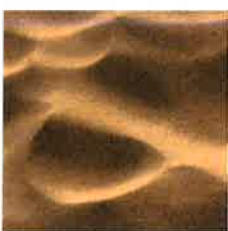
Gold Coin Donation

Enquiries and bookings call either Joy Ephraums (Facilitator)

or reception on 8186 8900 <https://https://>

www.eventbrite.com.au/e/be-kind-unwind-personal-wellbeing-workshop-tickets-48116083501

emotional overload ~ relaxation ~ mindfulness



ANGLICARESA

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