

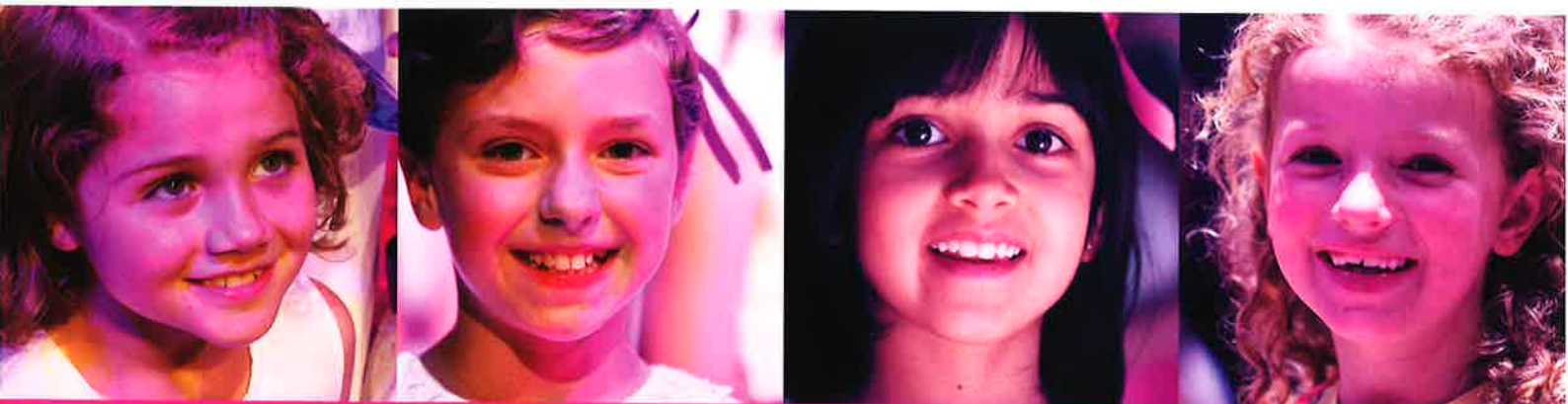


AUSTRALIAN GIRLS CHOIR



# JOIN US AT OPEN DAY

SUNDAY OCTOBER 28



Is this your daughter?

Look no further than the Australian Girls Choir because we encourage, challenge and inspire girls as they learn to sing, dance and perform.



AUSTRALIAN SCHOOL OF PERFORMING ARTS

[aspagroup.com.au](http://aspagroup.com.au)



AUSTRALIAN GIRLS CHOIR



## A very good place to start

For more than 30 years, the Australian Girls Choir has played a role in the growth and development of girls across the country. We provide an experience that goes far beyond the stage; your daughter will develop confidence, public speaking and presentation skills, resilience and friendships that will last a lifetime.

Our senior performers have entertained everyone from Queen Elizabeth II to Oprah, and have shared the stage with a long list of artists including Hugh Jackman and Pharrell Williams. For the past 20 years, we've been proud to represent Qantas at live events and in the 'I Still Call Australia Home' advertising campaigns.

Now accepting 2019 enrolments for our rehearsal venues in Glenelg and Glen Osmond.



Join us at our **OPEN DAY** on Sunday October 28

Call 08 8271 1622



AUSTRALIAN SCHOOL OF PERFORMING ARTS

[aspagroup.com.au](http://aspagroup.com.au)

# Wonderful World of Toddlers



**How can you connect with your toddler?**

**See things through their eyes  
Help manage feelings  
Guide their behaviour**

**When: Monday 29th October  
5pm for 5.30 start - 7.30pm finish**

**Where: O'Sullivan Beach Children's Centre**

**Contact: Ring Lee or Bec for more details  
Limited Crèche availability  
Pizza for dinner**



O'Sullivan Beach  
**Children's Centre**  
for Early Childhood  
Development and Parenting

51a Galloway Road | O'Sullivan Beach | 5166

Ph: 8382 2850 | Mobile 0428 944 985 | Fax 8326 8258



Government  
of South Australia

Free parenting seminar

# The secret life of teenage girls



Are you the parent  
of a teen or pre-teen girl?  
Come and join us or watch our live webcast.

Dr Justin Coulson, nationally recognised parenting speaker and author will talk about:

- what it's like to be a girl in today's world
- things girls worry about, how to support them and give them hope
- how to stay connected with your daughter when it seems she doesn't want to
- what this means for raising boys.

**Register to attend in person or view the live webcast at:**

Online: <http://parentingsa.eventbrite.com.au>  
Phone: 8303 1660  
Email: [health.parentingsa@sa.gov.au](mailto:health.parentingsa@sa.gov.au)

*This seminar is designed for an adult audience.*

**Tuesday 6 November**

When: 7.00 - 9.00pm

Where: City Rooms  
Adelaide Convention Centre  
North Terrace, Adelaide

Presented by Parenting SA.  
For more information about  
raising children and teenagers visit  
[www.parenting.sa.gov.au](http://www.parenting.sa.gov.au) or  
[www.cyh.com](http://www.cyh.com)



## Jodie Benveniste

Jodie Benveniste is a registered psychologist, a member of the Australian Psychological Society and holds a First Class Honours degree in Psychology. Jodie runs a private practice and is the author of four parenting books. Jodie is a TEDx speaker and has led inspirational speaking events and workshops at major conferences, child care centres, early learning centres, schools, in major organisations and in government departments. Jodie was the lead consultant on a national early childhood project, *Engaging Families in the Early Childhood Development Story* with the Australian Federal Government. Jodie is editorial advisor for *Pregnancy & Birth* and *Mother & Baby* magazines, a columnist for *Essential Baby*, *SA Kids*, and *Woolworths Baby & Toddler Club*, and a regular commentator in the media about parenting issues. She is also mum to two children who inspire her every day.

### Raising Brilliantly Behaved Kids!

Tuesday, 13<sup>th</sup> November 2018

An event for parents/carers of children of all ages.

An event for adults, sorry no creche.

*How can you encourage your children to behave better and bring their best selves to more situations?*

In this presentation, Jodie will share:

- How to stop the yelling and nagging and frustration and enjoy a stronger and more loving relationship with your child
- What leads to better behaviour and what prevents kids from bringing their best
- Tools and strategies that actually work to help your children to bring more brilliant behaviour to more moments
- Parents will walk away with some inspired big picture thinking and some practical strategies they can use in the day to day.

Please note minimum numbers are required for this event to proceed.

### SEMINAR DETAILS:

#### Location

Seeds Uniting Church  
42 Sunnymeade Drive  
Aberfoyle Park SA 5159

#### Registration

from 6.40pm

#### Presentation

7.00pm – 8.30pm

Cost \$25pp or bring a friend -  
\$45 for two

#### Bookings and Payment Online

<https://lajodie.eventbrite.com.au>  
Bookings due to close on 29/10/18

Questions? Please contact Little Lessons Australia

Tel. 0438 752 877

[admin@littlelessonsaustralia.com.au](mailto:admin@littlelessonsaustralia.com.au)

# Let's Read Professional Development

Let's Read offers training and resources for community professionals on early literacy, and ways to support parents to read with their kids



## When?

1 x 4 hour compulsory  
training session  
Saturday 17<sup>th</sup>  
November  
11:00am to 3:00pm

## Where?

Morphett Vale Primary  
(Library), Garema Drive,  
Morphett Vale, 5162

## Who is this training for?

Community  
Professionals working  
with families of children  
aged 0-5 years

Bring along a special book/story and/or song to share with the group

## The Let's Read Community Program

- Are you interested in starting a Let's Read Community Program in your area to help kids read, play and learn with books?
- Face-to-face training is available to community-based professionals to help them establish the Let's Read program in their community and promote reading with children from birth. The training can be completed in four hours

## Who can deliver Let's Read?

- Professionals in community settings or community services that already have a close and trusting working relationship with families. These professionals are best placed to deliver Let's Read key messages, resources and activities that promote the importance of reading with children from birth

## To register your interest Contact:

Sarah Stevens – Early Years Project Officer &  
Cassandra Wisman – Program Coordinator  
Email: [cassandra.wisman@thesmithfamily.com.au](mailto:cassandra.wisman@thesmithfamily.com.au)  
Ph: 8382 7587 - Mb: 0429 925 860

**Registrations close: Monday 12<sup>th</sup> November, 2018**

Project partners:



Affiliated with:





### **ONKAPARINGA YOUTH COMMITTEE (OYC)-FREE**

Join the OYC and make a difference in your community. Develop skills in leadership whilst being actively involved in community life. OYC members work with council consulting on strategies, implementing projects and delivering events and initiatives to enrich our society and promote positive outcomes for youth. Dinner supplied.

**12+ years | FREE | 3<sup>rd</sup> Wed each month | 5.45-7.45pm**

**Enquiries: call Alice Sheppard on 0400 279 328 or email [alice.sheppard@onkaparinga.sa.gov.au](mailto:alice.sheppard@onkaparinga.sa.gov.au)**

### **SOUTHERN RIDERS COMMITTEE (SRC)-FREE**

The SRC create skate, BMX and scooting opportunities and initiatives. If you are passionate about growing these sports, we welcome new members.

**12+ years | FREE | 3<sup>rd</sup> Mon each month | 6-8pm**

**Enquiries: call Emma Cadd on 0414 285 707 or email [emma.cadd@onkaparinga.sa.gov.au](mailto:emma.cadd@onkaparinga.sa.gov.au)**

### **EVENTS MANAGEMENT COURSE-FREE**

Develop your skills in event management with this 6 month events management course and help plan and deliver our annual Regeneration Festival in April 2019.

**16+ years | FREE | Every second Mon | 5.30-7pm**

**Enquiries: call Jolyn Phillips on 0420-831 179 or email [Jolyn.Phillips@onkaparinga.sa.gov.au](mailto:Jolyn.Phillips@onkaparinga.sa.gov.au)**

### **GEARED2DRIVE**

Do you need assistance to get your driving hours? Geared2Drive can help you achieve your supervised hours with the support of our volunteer drivers through our partnership with Helping Young People Achieve.

**16+ years | \$10 | Various times available**

**Enquiries: call HYP A on 8405 8540**



[www.onkaparingacity.com](http://www.onkaparingacity.com)

Search: youth services

# **PROGRAMS AND EVENTS**

Term 4 2018





# WARDLI

## THE ARVO CLUB-FREE

Drop in and catch up with friends or meet new ones! Hang out and enjoy different activities each week that include art, games, shredding up the court and more!

**8-14 years | FREE | Tue 23 Oct-4 Dec | 3.30-5pm**

## LEARN 4 YOUR L'S-FREE

Do you want help getting your Learners Permit?

We are offering weekly sessions to ensure you have the knowledge of South Australian road laws to pass the test.

**16-25 years | FREE | Wed 24 Oct-5 Dec | 3.45-4.45pm**

## BROAD STROKES AND BIG IDEAS

Take your art to the next level with artists and explore art forms including sculpture, drama and drawing.

**8-15 years | \$20 p/t | Tue 23 Oct-4 Dec | 4-5.30pm**

## COOKING 4 KINDNESS-FREE

Do you enjoy cooking? Have you ever thought about giving back to your community? Why not cook a delicious snack for local families and eat yummy food yourself?

**8-12 years | FREE | Wed 24 Oct-5 Dec | 3.45-5.15pm**

## GEARED2DRIVE

Do you need assistance to get your driving hours? Geared2Drive can help you achieve your supervised hours to be eligible to sit for your P's!

**16-25 years | \$10 | Various times available**

For bookings: [www.wardliyouth.eventbrite.com.au](http://www.wardliyouth.eventbrite.com.au)

Enquiries: call Wardli Youth Centre on 8186 5133 or email [christiedownsyouth@onkaparinga.sa.gov.au](mailto:christiedownsyouth@onkaparinga.sa.gov.au)



# BASE 10

## THE ARVO CLUB-FREE

Join us for after school fun and laughs. Try a different activity every week including cooking, games, science experiments, arts and crafts and more.

**8-12 years | FREE | Wed 24 Oct-5 Dec | 3.30-5pm**

## BIG CHILL-FREE

Weekly youth hang out. Come hang out with your mates or make new ones in a relaxed space. Play music, jump on the computers or just chillax.

**12-16 years | FREE | Tue 23 Oct-4 Dec | 3.30-5pm**

## FRIDAY NIGHT ROCKS!

For rock musicians who want to gain experience in jamming, learning songs and stage craft. Meet others and gain real experience playing Rock n Roll.

**14-25 years | FREE | Fri 2 Nov-30 Nov | 4-6pm**

## RHYME RECITAL

Learn skills of writing and producing hip hop with Daydream Fever producer Kultar. Write lyrics and record your track. No experience required.

**14-25 years | FREE | Wed 31 Oct-5 Dec | 6-7.30pm**

## RAW DRAMA

Live the life of a famous pirate, creating characters and learning the fundamentals of drama and stage-craft along the way. Bring your pirate to life in the final week's performance for family and friends.

**8-14 years | \$30 or \$5/week | Tue 30 Oct-4 Dec | 5-6.30pm**

## ADOBE CREATIVE SUITE BASICS

Learn the basics of Adobe Creative Suite Photoshop, Illustrator and InDesign to get your graphic design skills up to scratch. Suits all skill levels.

**14-25 years | \$5/week | Wed 7 Nov-28 Nov | 4.30-6.30pm**

For bookings: [www.base10youth.eventbrite.com.au](http://www.base10youth.eventbrite.com.au)

Enquiries: call Base 10 on 8387 5577 or email [reynellayouth@onkaparinga.sa.gov.au](mailto:reynellayouth@onkaparinga.sa.gov.au)



# STUDIO 20

## UNLOCK YOUR ARTIST

Work with artist Heidi Karo in this workshop series to master new skills and get your art exhibition ready.

**8-14 years | \$35 or \$5/week | Tue 23 Oct-4 Dec | 4-5.30pm**

## OPEN ART STUDIO

Work with artist Sam Wannan in a seven week workshop series to get your arts practice exhibition ready.

**14-25 years | \$35 or \$5/week | Mon 22 Oct-3 Dec | 5.30-7.30pm**

## YAG-YOUTH LEADERSHIP-FREE

Join our youth leadership group to have a voice and influence in your community. Held fortnightly.

**13-25 years | FREE | Tue 23 Oct-4 Dec | 4.30-5.30pm**

## THE ARVO CLUB-FREE

Come hang in a casual space, try a range of activities or just chill and meet other young people.

**8-14 years | FREE | Thu 25 Oct-6 Dec | 3.30-5pm**

## DRAMA PERFORMANCE

Work with street theatre artist Emma Harper and perform at the Christies Beach Christmas Pageant.

**8-25 years | \$25 or \$5/week | Mon 15 Oct-12 Nov | 4-5.30pm**

## SEWING-MAKE A COSTUME

Make a bird costume for the Christies Beach Christmas Pageant!

**8-15 years | \$50 or \$10/week | Wed 17 Oct-14 Nov | 4-6pm**

## FILM MAKING WITH A CAUSE-STAGE 3-EDITING

Be part of this unique opportunity to create a film to submit to the 2019 Fleurieu Film Festival.

**14-25 years | \$15 | Tue 16 & 23 Oct | 5.30-7.30pm**

For bookings: [www.studio20youth.eventbrite.com.au](http://www.studio20youth.eventbrite.com.au)

Enquiries: call Studio 20 on 8557 7555 or email [aldingayouth@onkaparinga.sa.gov.au](mailto:aldingayouth@onkaparinga.sa.gov.au)