

Aquatics

Year 9 Term 1 2019

Port Noarlunga Beach

Week 1 – Friday & Week 2 Friday

9.00am – 1.00pm both days

Medication: If you marked on your child's consent form that they require medication for emergencies, we will send your child's school asthma puffer or epi-pen in a named plastic bag. If you have other medication that is required, please send to school on the morning of swimming clearly labelled.

Students to wear their bathers/board shorts and rash/t-shirt to school as there is no time to change at the beach. Students to bring sports uniform to change into after returning to school.

Students complete 2 aquatics activities each day. For those who chose canoeing they must wear shoes that can get wet. Old shoes are required for fishing and sailboarding. Note students are shown their allocated activities on Day 1 of school

Must wear a t-shirt; No bikinis and speedos are to be worn

Bring a warm jumper/jacket – after activities are finished it can get very cold

Bring a towel

Students to bring a water bottle and recess to beach. No food to be purchased from the local shop due to only a 10 minute recess break

Leave valuables at home or in lockers at school – phones, money, watches, name brand clothing and shoes. The police have phoned schools in previous years to advice of the extra care we need to take due to a number of incidents that occur in the area

Cost will be debited to your school account

Students are being transported to and from the pool by bus

Enjoy the beach!