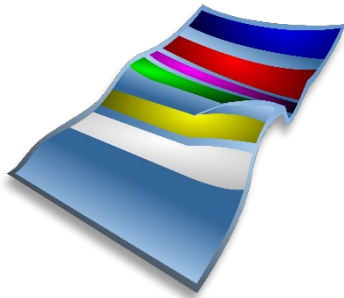


Swimming/Aquatics

Student Check List



Bring a Towel



**Do not bring valuables -
e.g. phones, money,
watches, name brand
clothing & shoes**



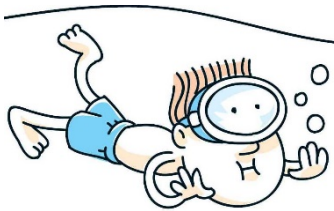
**Wear Sunscreen
Wide Brim Hat
Sleeved T-Shirt
Suitable Bathers
Bike Pants**



**Must bring Medication
in a named waterproof
bag.**



Ventolin, EpiPen etc.



**Bikini's & Speedos
are not really
suitable**



**Bring warm gear for
cool weather**

**Note: it is always cooler
out on the water**



**Shorts are
best if
wearing a
wetsuit**



**Bring old shoes
for Kayaking &
Fishing**

