



Dr. Timothy R. Jennings, M.D.

# AUSTRALIA TOUR

1st & 2nd MARCH, 2019

*Come and see how:  
"Changing your view of God  
changes your brain!"*

**Friday March 1 at the church  
6pm The Developing Brain**

Explore how environment, experience and choice impact brain structure and function in your child and identify specific interventions to promote healthy brain development.

7pm Light tea provided

7:45pm Health Love versus Love Addiction

**Saturday March 2, 2019:**

10am The Mind: God's Design and What went wrong

11:30am The God-Shaped Brain

1pm Combined lunch

2:30pm The Aging Brain

**Morphett Vale Adventist Church | 130 Pimpala Rd**

Dr. Timothy R. Jennings is a Christian psychiatrist, author, international speaker, radio & TV personality.



*...and so much more!*



come and reason  
MINISTRIES



[www.morphettvalesda.com](http://www.morphettvalesda.com)

# OPTIMIZE YOUR BRAIN®

Maximize Your Intellectual and Emotional Intelligence.

## Program features:

- Improve and manage relationships successfully
- Significantly increase your capacity to learn, retain, and apply knowledge
- Develop originality that is useful to others
- Set and achieve high goals
- Enhance creativity
- Increase motivation
- Improve self-control
- Boost overall life satisfaction



## Free Information Session

Morphett Vale Adventist Church

130 Pimpala Road

Monday 25th February, at 7:00PM

## Actual Program

- Six, 2-hour sessions, each on a Tuesday
- First Tuesday night session 5th March at 6:15 PM
- Cost and other details of program will be discussed at information session
- Contacts: [morphettvaleadventist@gmail.com](mailto:morphettvaleadventist@gmail.com) | [angiethompson@adventist.org.au](mailto:angiethompson@adventist.org.au)





PRIME MINISTER

MINISTER FOR EDUCATION

Dear parents, carers and the school community,

Keeping our children safe is a shared responsibility. Schools, governments at all levels, the Australian community and, first and foremost, parents take this obligation seriously.

As parents, we know that it can be challenging to raise children today in a world where risks to safety can appear not only on the street but online. And it is not always easy to navigate when the online world can have real world physical and mental health impacts.

That is why our Government has developed resources to empower parents (and schools) to protect children and prepare them to be resilient, responsible and respectful adults:

- [www.esafety.gov.au](http://www.esafety.gov.au) – resources that promote online safety including tackling image-based abuse and a complaints service for young Australians who experience serious cyberbullying.
- [www.studentwellbeinghub.edu.au](http://www.studentwellbeinghub.edu.au) – support for students, parents and teachers to create a learning environment that promotes student wellbeing and the development of respectful relationships.

You can also visit [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au) for education and advice for kids, parents and schools on how to combat and respond to bullying.

Whatever age your kids, it is never too late to make changes to improve their welfare. With the fresh start that a new school year brings we encourage you to use these resources for practical advice on keeping your family safe and well through the year.

Yours sincerely

A handwritten signature in blue ink, appearing to read 'Scott Morrison'.

SCOTT MORRISON

A handwritten signature in blue ink, appearing to read 'Dan Tehan'.

DAN TEHAN



MORPHETT VALE FOOTBALL CLUB



# WOMEN'S FOOTBALL 2019

*OPEN TO ALL AGES*

Senior Women's Coach: Dan 0407 497 869  
Junior Women's Coach : Steve 0439 184 072



Pre-season training Monday & Wednesday  
commencing 4th Feb 5:30 Juniors 6:30 Seniors  
Season Training Wednesday & Friday



Morphett Vale East  
School R-7



## Soccer Team Commitment Form

Players Name:.....

Date of birth:.....

Parent/Caregivers name:.....

Phone number:.....

Please return this form to the schools front office no later than Monday 25<sup>th</sup> February. Any Parent who would be interested in coaching please call me on the number below.

Kind regards

Christine Hartwell  
Soccer / Netball Coordinator  
Phone: 0407 728 329



Morphett Vale East  
School R-7



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**INDIGENOUS  
MARATHON  
FOUNDATION**  
#RUNSWEATINSPIRE



**SOUTHERN DEADLY  
FUN RUN**

**ROTARY PARK**

**BEACH ROAD CHRISTIES BEACH**

**Sunday 24 February 2019**

**REGISTRATION: 11:00am TO 11:30am**

**START: 12:00pm Free Community Event**

**Contact Emma Cadd For Info & Assistance: 0414285707**

**FREE BBQ & Entertainment**



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Proudly Supported By Marina Midgard MP

**Our  
Community  
Centre.  
The heart  
of HackhamWest.**



**ANGLICARESA**



# Be *kind* and *un*wind.

## Personal Wellbeing

Monday March 4th 2019

9:30am to 2:30pm

Woodcroft Morphett Vale Neighbourhood House

175 Bains Rd,

Morphett Vale 5165

Lunch Provided

Gold Coin Donation

Enquiries and bookings call either Joy Ephraums (Facilitator)

or reception on 8186 8900 [https://](https://www.eventbrite.com.au/e/be-kind-unwind-personal-wellbeing-workshop-tickets-53281515447) [https://](https://www.eventbrite.com.au/e/be-kind-unwind-personal-wellbeing-workshop-tickets-53281515447)

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[wellbeing-workshop-tickets-53281515447](https://www.eventbrite.com.au/e/be-kind-unwind-personal-wellbeing-workshop-tickets-53281515447)

emotional overload ~ relaxation ~ mindfulness



**ANGLICARESA**

This program is funded by the Department of Social Services